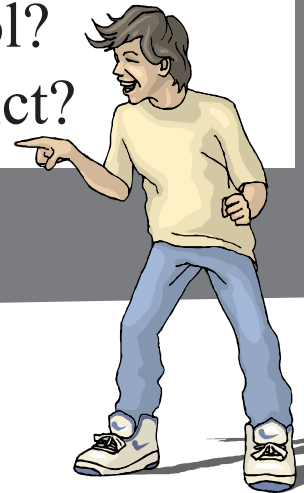


# WHO'S IN CHARGE?

Does your child hurt, intimidate or abuse you?

Do you feel you are losing control?

Want to learn how to handle conflict?



## Reclaim respect and calm in your family!

The *Who's in Charge?* group is an **8 week** program for parents or carers of young people (8 to 13 years) who are out of control, violent or defiant. Libby Roden from MYFS and Rachel Ficinus from WEAC will be facilitating this program.

The group aims to:

- Provide a supportive environment to share experiences and ideas
- Reduce the guilt and shame which most parents feel
- Offer ideas to help you develop individual strategies for managing your child's behaviour
- Explore ways of increasing safety and well-being
- Help you feel more in control and less stressed

**Next program runs from 10am - 12.30pm and starts on**

**Thursday 25th July and finishes on 12th September 2013**

The program runs from Monash Youth & Family Services (MYFS),  
Clayton Community Centre, Crn Cooke St and Centre Rd Clayton

This program is FREE.

For enquiries or bookings call Libby or Jenny at MYFS on 9518 3900.  
Limited places, bookings essential. More info on the topic of violence to  
parents at [www.eddiegallagher.id.au](http://www.eddiegallagher.id.au)



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